

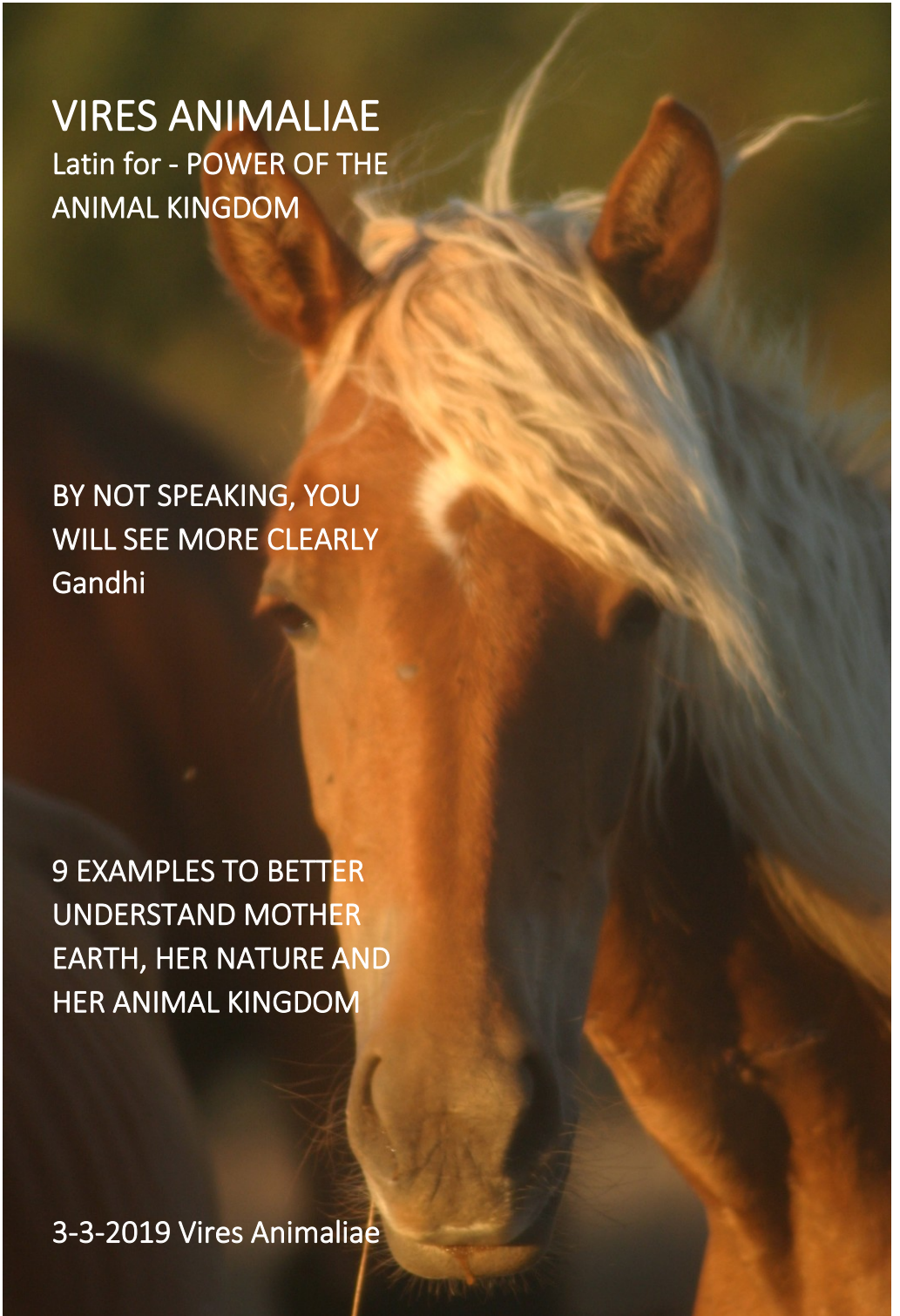
VIRES ANIMALIAE

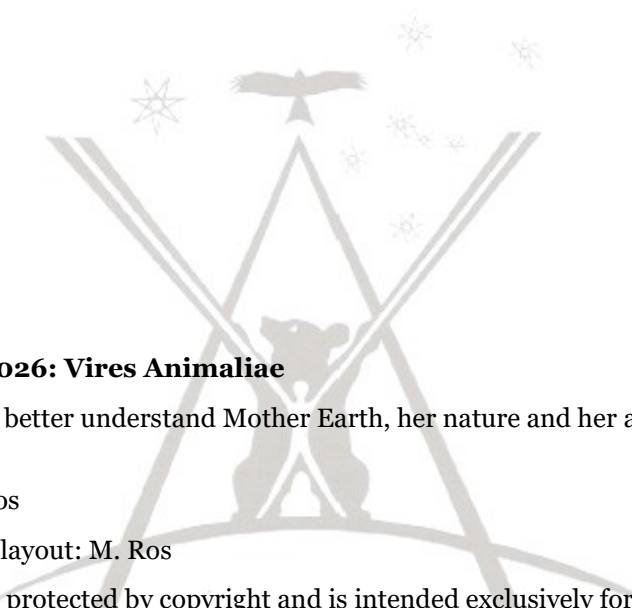
Latin for - POWER OF THE
ANIMAL KINGDOM

BY NOT SPEAKING, YOU
WILL SEE MORE CLEARLY
Gandhi

9 EXAMPLES TO BETTER
UNDERSTAND MOTHER
EARTH, HER NATURE AND
HER ANIMAL KINGDOM

3-3-2019 Vires Animaliae





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9 examples to better understand Mother Earth, her nature and her animal kingdom.

Text by: M. Ros

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The 9 examples which can help you to better understand mother earth, her nature and her animal kingdom.

We wish you a lot of pleasure with reading and learning.

Thanks to Monique and the shelter animals, who made this booklet possible in terms of obtaining the insights, and to the beautiful schools for ordering.

www.vires-animaliae.com

Example 1

Perception

Perception is the start of discovering, learning and creating. What is perceiving? Perception is what we take as truth at that moment! From what do we perceive? Is it from moment-to-moment observations, or from stored memories? Can we also see from a totally new perspective?

We say, I "look" and I see something, but do we "see"? Or do we just look and draw a conclusion? Which is then converted into words, which become a fixed event!

We perceive, if all things are well with our whole being, not just with the eyes. All senses cooperate to receive the signals as well as possible. Our brain, which largely consists of three processing systems, then thinks about the outcome of our perception!

Everything is still based on your ideas and experiences in that moment! Whenever we learn something new, our mind-set changes, or rather, it can change, if we are open to change!

Being open to another option of observability or perception could bring us a lot of beauty

Aristotle, for example, had a different perception than his student. The student says: "I see a river and it is impossible to step into the same river twice because this river changes every second because of the water that flows into it. So, for the student, the water is the identity as the shape of the river. Aristotle indicates that you can enter the same river twice: it is the river that retains its identity, by the shape, banks of the river, the water is not the same because of the current.

I must say that this is a form Aristotle employed in his time. He tried to explain that the perspective can be different for every being. Aristotle spoke of matter and form. Matter is the raw material; it is always passive and formless. Form is the organization; it is the force and flow. He indicates that everything consists of these two components and cannot exist separately. The force and the flow (organization) can only arise if the bed (raw material) is present. Without each other, everything is a stagnant puddle... In this respect, he has a different view of the world than, for example, his student. These are learning moments, and no attack or defence is needed for them, only insight and understanding.

It is very interesting to conduct your own research into your own view of the world and that of another, by, among other things, feeling what feels right to you, without criticizing the vision of another being. Everything can be as each person imagines and sees it. It would be so beautiful if we could share each other's vision without having an opinion about it. And thus increase our

knowledge and be able to learn like the great philosophers did and still do.

Celeborn: We observe every day.

Is this perception, the truth; or is this perception only *our* truth?

That could be important!

What do you see first in the picture below? Could there be multiple first impressions?





What do you see in the picture? Is it the shape of the setting sun, or the eye, or the horse, or that red dot of the sun reflecting in the eye, or the whole picture? Whatever you choose: Wherever your attention goes takes shape, the rest has no shape yet! That's really important!

Something only takes shape when you shape it. So give your attention to it. Observing and converting it into information must be done as purely as possible and that is quite difficult. Listening, really listening to what the other says and being able to empathize with what he expresses is an art! The intention with which we observe also plays an important role here. It is not about being right, but about keeping an open mind, in which all forms are possible. By broadening your vision, you will “see” better.

The 3 elements we work with are:

Body Communication

Energy

Telepathy

We have chosen three elements to enhance our perception and also support it, so that clear messages may come in, to be organized as information. Whether it is for nature, humans or animals, we use the 3 elements to substantiate our perception.

It is important that we know that observing:

.... is what we always do unconsciously.

.... is what you personally accept as true.

.... is where your attention goes

.... is what you shape.

.... Is often based on your ideas of that moment.

.... Know the power of a open view

Example 2

All-encompassing observation, the power of the open view – open minded observation.

Observation of a being, or nature, is the beginning of the bond we build. Out of respect, we remain outside the energy field, or in other words, the personal space of the other being. Ensure there is silence—emptiness—in your brain. It is stated that observation begins with a goal, and that is indeed correct. In our field, we speak of unbiased observation; that is the goal. We like to call this ‘the power of an unbiased view’

A brief explanation of how the brain works in this regard, so that you might better understand what we mean. The Power of an unbiased view: Why you see more when you are not looking for anything yet?. As humans, we are programmed to be efficient. Our brain does not like chaos; it wants to organize, label, and understand the world around us as quickly as possible. As soon as we enter a situation with a preconceived goal or a completed checklist, something strange happens: our brains put on blinders. We start filtering selectively. We then only see what we expect to see, or what we want to see. We miss the essence. True, deep observation therefore begins not with a focus, but with an open mind. This means consciously setting aside the tendency to immediately judge, explain, or solve a problem. You activate not only your eyes, but all your senses.

Let's take a horse as an example:

By observing while slowly approaching an animal, it will turn away from you, or come towards you! During this approach you can observe whether the animal moves normally, and if it does not limp, pull a crooked neck, move strangely in the hindquarters and so on! By getting closer to the animal in its energy field (energy bubble), or the animal in yours, you can view all areas of its body and feel if possible!

Is the head moving synchronistically with the body, are the eyes clear, and the ears alert, or is the horse completely absent!

Know that horses that don't feel well can behave lethargically, or very agitated and boisterous. Often you can read more from the position of the ear, which sit a little more backwards and a bit flatter, or the mouth that is slightly open and / or very tight, head swishing, tail slapping, and a few other body expressions!

Because of the slow approach, or even no approach, you can "see" a lot in the observation, as by observing we mean "seeing". Your brain is silent - empty, so you don't shape anything, you just look and let it pass you by. So limping is not limping yet, but you can see that things are different. And then if his movement is in balance according to his anatomy, physiology and dynamics. Everything remains an observation.

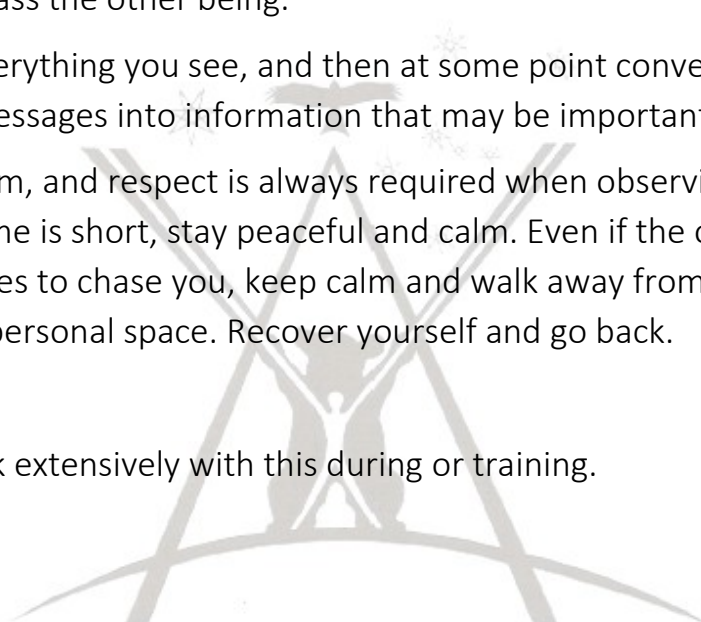
By keeping your mind still - empty in this way and just looking, all the senses open more automatically because they get the chance to watch. As soon as you say, and therefore start to

accept the perception as true, there will be a blockage on the other senses. As long as you leave open all options in the observation, all your senses have the opportunity to participate. You may even begin to feel some discomfort from the other being or feel rushed or insecure, because you leave all possibilities open as you let your whole-body look. At that moment new messages (or knowledge) come in, which encompass the other being.

Trust everything you see, and then at some point convert all those messages into information that may be important to you.

Rest, calm, and respect is always required when observing, even when time is short, stay peaceful and calm. Even if the other being tries to chase you, keep calm and walk away from that being's personal space. Recover yourself and go back.

We work extensively with this during our training.



Example 3

Judging – Judgement – Conviction

Whilst observing and perceiving, it often happens that we do one of the above 3 words.

It is important to know what these words mean and what it can do while observing a being. Know that these 3 things can also cloud your vision.

What do these 3 words actually mean?

- Judging can be the beginning of an opinion about an observation that you make. Investigate, view, discuss, evaluate, come to a judgment based on your findings!
- A judgment is an opinion about how someone is or acts, a judgment is based on a comparison in which the person of the judgment sees himself as the source of more reasonable norms.
- A conviction is the setting of your judgment in a negative sense. Punishment, you are better, you know better, and the other is wrong!

Source – Wikipedia

This is an example. As an animal translator, I sometimes come across a nasty situation involving animals, then an emotion can arise that evokes everything from my brain. Emotion always comes from the brain. I can immediately start thinking: "What a nasty person; can't you see those poor animals now; what a mess!" and so on. So, this is not pure. Because of this I can never make a good observation because everything is fixed. It is important to know that if you are not neutral, you will initially misinterpret the situation - judge, form a judgement, then condemn.

Your perception is clouded by the emotion and everything that comes in. It's a difficult thing, for example as an animal translator you are able to see, feel and hear everything that is going on, and sometimes everything comes in like a bomb.

It is then appropriate to take a step back to clear your own energy bubble again and take note of your thoughts - emotions.

You can then observe purely in all areas, and see what is really happening. Also, negative judgments, especially condemnations, do not fit in the picture, because these properties make your vision cloudy. It is about looking purely and expressing what you see, feel and hear, no more and no less. Then, if asked, you can provide an aid or give your view of the situation. This can also be done in consultation with the animal and the animal's caretaker!

More examples of judging, judgment and condemning are in the book Vires Animaliae, power of animal kingdom, of which the 2nd edition may come out in November 2026 - CIP/ISBN 978-94-93226-14-2

Example 4

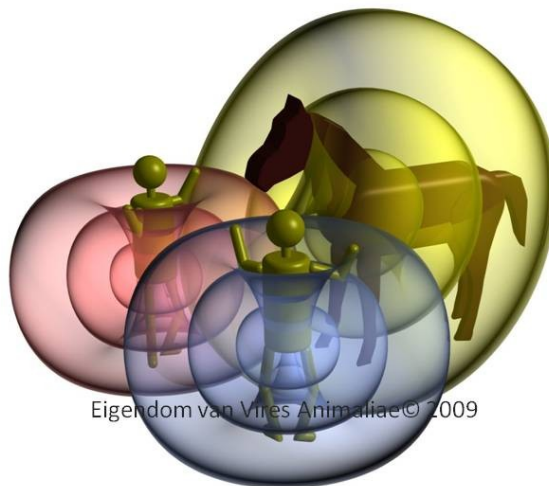
Energy and Energy-fields

Energy fields work from the heart, Brain, body, and consists of rings. A firing neuron moves charged particles, or ions, through its cell membrane, and causes the field. The field is clearly perceptible to humans up to the 3rd ring. (Bruce Lee's theory: you throw a pebble into water, it forms ripples, and every movement can cause something. You can view the firing neurons in the same way. The heart has the strongest field, as everything runs in unison with each other during every beat – the brain is weaker due to various circumstances, but this is not so important for now, it still firing neurons, as also the rest of your body.

The first energy field is most tangible to us. With every contraction of the heart muscle, an electrical impulse is released, which is measurable but also possible to feel and read! These become less detectable from the second and third ring out. The outer ring (3) can be huge, and so highly sensitive beings can suffer as a consequence of this. Because the energy field is so large, many external stimuli can also come in.

1. From the heart you have the heart rate energy field, which is very tangible within the first ring, this energy field weakens somewhat in tangibility and readability up to the third ring out.

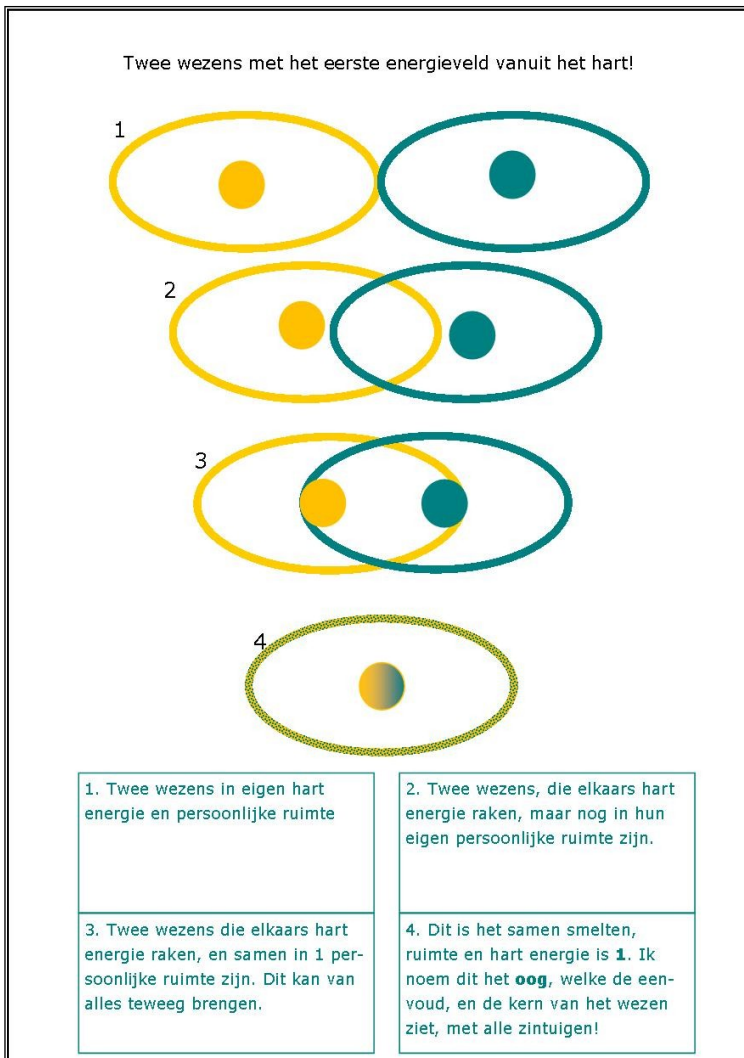
2. From the heart to the outside of the second ring, the body communication energy field is observable to us.
3. The third energy bubble is the energy field that encompasses all external stimuli and then sends them to your heart and / or brain. The line also runs from the outer circle to your heart.



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Drawings made by S. Algra

Example 5

How do we handle this?



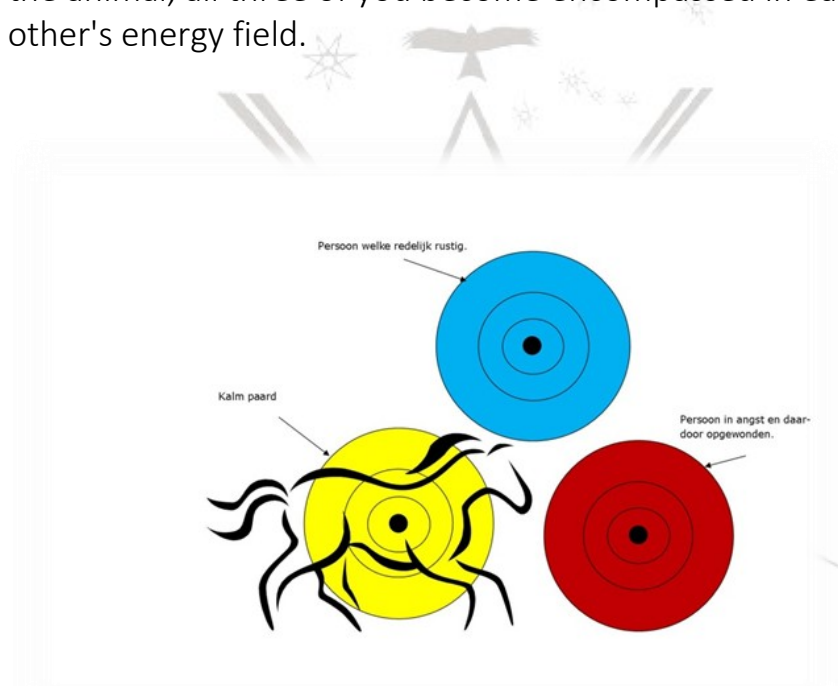
PROPERTY OF VIRES ANIMALIAE 2009

As the drawing “two beings” on the left page shows, we unconsciously “meet” regularly in our outer energy ring. This has consequences. Often, we are not aware that we are literally and

figuratively entering the energy flow of another human or animal and vice versa.

Being aware of these energy fields makes it easier to discover what is ours or what outside influences affect our energy field.

An example with an animal, imagine you are quietly working with your animal that one “yellow” has calm energy. You have a quiet stable “blue” energy. Then comes a third person “red”, who is very restless and insecure. Because you are both close to the animal, all three of you become encompassed in each other's energy field.

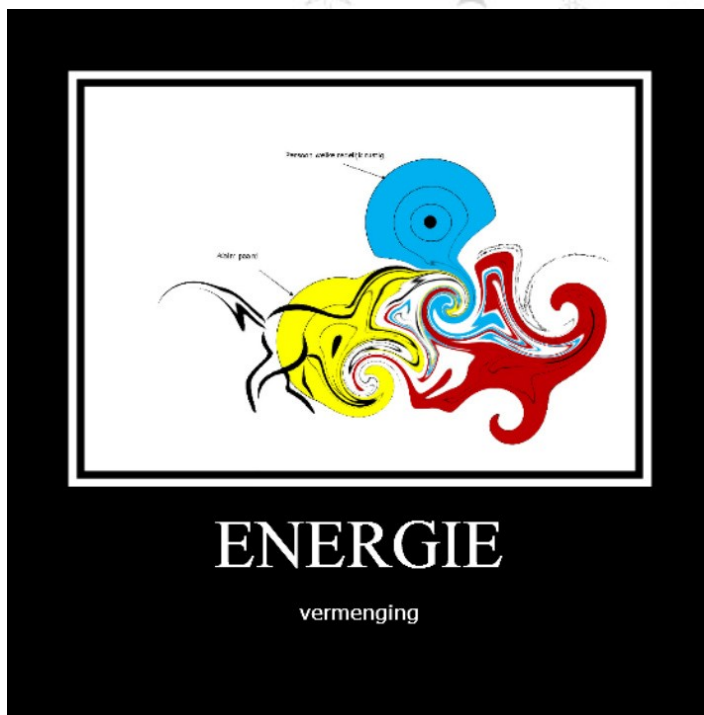


ENERGY FIELDS - VIRES-ANIMALIAE 2009

It "may" happen that if you cannot effectively stay in your own energy, you will be drawn into the energy of the "red" person very quickly. Through anxiety, insecurity and anger, among other

things, the vibration of the heart and brain are affected, and this could get the upper hand on you. This energy will mix and then be drawn into the red side. The heart rate increases, you become insecure or anxious, and you don't understand why.

You also see that your animal becomes very restless and starts to behave differently. It is up to you to find out immediately whether this is because of you. You then have the task to bring your heart rate back and call yourself back for the sake of your animal, and of yourself at that moment! (There are exercises which can lower your heart rate)



If you apply this, you will immediately notice that the animal also becomes calm.

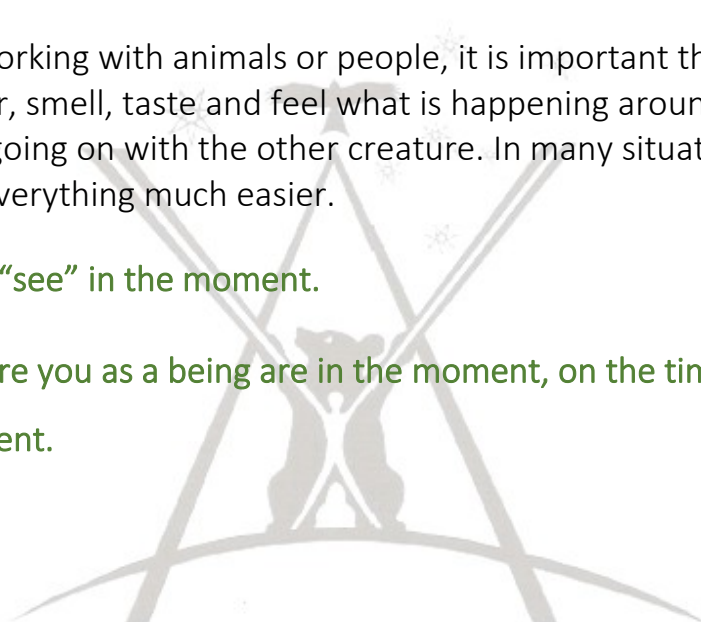
Ask the other person to distance themselves. Then you will soon notice that the whole situation calms down again. You can also gain more insight if the other person "acts differently" to how they feel inside. The question is actually whether you are perceiving that person properly? And if you dare to set a boundary?

Everything is a snapshot, so come, and go again!

When working with animals or people, it is important that you see, hear, smell, taste and feel what is happening around you; what is going on with the other creature. In many situations it makes everything much easier.

You can “see” in the moment.

Make sure you as a being are in the moment, on the timeline of the present.





Example 6

Silence

Silence – my philosophy

Silence is the I, my philosophy speaks of the I, as an all-encompassing source of existence, it is the soul that dwells in the heart, where it is silent, and light shines.

Silence is the I, is the soul, the heart, where there are stillness and light shines. It has no personalities; it is the source of knowledge that we have gained in this lifetime and possibly

many lifetimes before. It is stored in the Public Library at the top of our soul group. It is remembering everything that is in us, and that is great and loving, pure and light... light in bright light and light in dispersed light. Pure, without all our labels that the brain assigns for us by the earthly properties of the human being and their personal learning processes.

If you can be with your 'I', and not only in your thoughts, you will be in harmony with everything. What is forgotten, is that it is not the brain that is your 'I', but your heart. 'I' is not personal, it is connected to the All. Perhaps better said: it is the All.

A beautiful exercise is to bow your head and look towards your heart and ask for silence, feel your heartbeat, which is just beating for us every day. Feel every heartbeat, and when a thought comes, you just say, I am listening to I, which resides in my **heart**.

During our training you get several types of meditations with which you can experience silence.

**BY NOT SPEAKING, YOU "SEE" MORE
CLEARLY. - Gandhi**



The herd of Vires Animaliae in Portugal, Nossa Senhora de Machede.



Example 7

Telepathy

Many are very vague about telepathy, but if you look at the meaning of the word: It is an Ancient Greek word, Tele stands for 'at a distance'; pahteia for 'receptivity' or 'pathos' (feeling). The period of the ancient Greeks was about 3000 to 800 years before Christ. In 1882 the term was used by FWM Meyers after he had explored the possibilities of thought transfer with Henry Sidgwick, among others. The word has therefore been given a different meaning (transfer of thought at a distance). But in essence this is not the case. It is 'feeling - from a distance'. The word receptive means: Sensitive to. Animals easily absorb vibrations from great distances, elephants can even (feel) from 10 km away; and horses with their highly sensitive whiskers, have their radius at 5 km away.



Would it not also have been the case with us human beings? The ancient Greeks knew about it. Every human being has its senses too. Man has called it extrasensory, but it is simply sensory as well. Develop your intuition, and trust your perception in silence, and then view from multiple angles.

Telepathy is therefore not the transmission of thought at a distance, but pure perception (feeling) from your whole body; heart, brain, and body and therefore also receiving and detecting vibrations from a great distance that are not immediately visible to the eyes. From near and far, as everything that takes place outside our tangible body can be called from a distance.



You know it yourself, you suddenly think very strongly of someone, and the phone rings and it is that person. Or someone who knows you very well wants to say something to you, and you already know what they're going to say. There are many more examples like this too. Great right!

Example 8

Body language - Body communication

Body communication is what we talk about in the animal world.

It is important for us to know that 'body language' and 'body communication' are explained in quite different ways.

People often talk to each other about body language being just non-verbal; know that it can also be the horse teacher with the whip in her hands, for example.

Making something clear without words or putting force in the communication can be done with aids. Even a printed T-shirt can convey a non-verbal message.

In nature and in the animal world we only talk about 'body communication', the movement, the energy and the essence of the animal that expresses itself through the body. Or the essence of nature that expresses itself in it. Think of a tree, flowers, shrubs, plants, among other things.

What is important in our view is that you can read the body of a being, in her / his movement, energy, heart frequency, possible sound expressions, secretion of substances and their authentic

being. Because you have this basic knowledge, you can see if something abnormal arises in the creature.

Always approach from distance; as described earlier we do this because in this way, a lot can be seen approximately in the body communication of the being, but also how it reacts to your body communication. This is a wonderful piece to do and is educational for both beings.

STUNNER, RARA WHERE LOOK IN TO



Example 9

Merging the first 8 examples

The art in our view is to see everything you observe as an example for you. It is your observation, and perception, and know that for everyone the observation can be different as we are looking from our own dimension - 0 point.

Examples for us are schools of different insights that together take a clear form. So basically, looking at everything from several sides and allowing all possible messages to come in without immediately making a judgment, but just to keep observing until you feel that a pure connection becomes visible between all the examples that have passed by.

A textbook example is one that is so clear and expressive that even a child can immediately see the connection between the given representation and the intended idea. (Wikipedia)

We have received the 9 examples from nature and the animal world. Being in the moment on this timeline, in nature and with the animals, brings silence and even emptiness. Many of us human beings have already experienced this, and we would like to share this with you because then so many more messages can come in for you to help "in whatever you do on this earth". You will feel the connection with Mother Earth and with the Source more and more, where there is light and love and all our stored memories (the public library). Your so-called extrasensory messages just become sensory perceptions again.

You will "see" the beings around you which cause compassion to come for everyone because you feel that there is much more than just the face, the words and the bodily communications. You will really experience everything differently because you remember what it is like to use all your senses in an observation. You will feel it and so experience it, and we do not forget experiences. Again and again, we can go into observation and see what is happening in peace and tranquillity. You will also communicate with yourself; what a beautiful gift!

The greatest revelation is the silence. - LAO TZU

1 more example as a small story: 1. suppose you have a cup of coffee somewhere one day, and the waitress is a bit rude to you! Your brain goes right to work and says in the mind: **What a strange person, or how dare she act like that, or does she find me strange, or do I look strange!** Through all these thoughts you get an emotion that is not pleasant, and this eventually fills your energy field. It is the emotion - feelings, not the pure heart feeling! Making the cup of coffee no longer enjoyable!!!

1a. Suppose you have the knowledge that the brain can cause that, and you go for a cup of coffee somewhere, and the waitress is kind of blunt with you! Your brain is out, and you feel what's going on from your heart! You feel the emotion of the waitress - "sadness". Now you can deal with that, as you "feel pure" what is happening! By sitting there in stillness, "without interference from the brain", it may even be the case that you give a bit of your peace to her and thus help her unconsciously!

The heart vibration hits everyone, as it has a high frequency that heals! You could even give her a compliment after bringing her the cup of coffee ... If people are rude to you on purpose, you can clearly set your boundaries...

Living from your heart brings a great deal. It allows you to communicate with everything that lives on earth, and therefore also with the animal world and nature, and with yourself.

Concluding remarks: Purity in connection: The 9 examples in this booklet show how we can come to understand Mother Earth, her nature, and her animal world better. To keep that connection truly pure, it is essential that we also return the word 'telepathy' to its true essence.

Translating the signals of an animal into our human language is a beautiful but subtle art. It requires great care not to narrow the pure experience of the animal down to a mental story, or to unconsciously colour it with our own human emotions or expectations.

True communication with animals is not magic. It is an ancient law of nature. To safeguard purity, I like to return to the natural teachings of the ancient Greek philosophers.

They lived in close harmony with nature and applied three fundamental principles that help us to test communication:

1. Pure Receptivity (Pathos) Telepathy derives from tele (from a distance) and pathos (feeling or being receptive).

Communication does not begin with sending, but with absolute inner silence. Impurity arises when we fill in thoughts ourselves. Purity requires that we empty ourselves, so that we receive the actual experience of the animal through our pathos undistorted.

2. The Cosmic Strings (Sympatheia) The Greeks believed in sympatheia: the principle that everything in nature vibrates together like invisible strings. If you touch one string, the other vibrates along at a distance. When an animal shows restlessness, we must dare to investigate critically: is this the voice of the animal, or is the animal simply resonating with the unconscious tension or expectation of the human?

3. Pure Images and Intentions (Eidola) Animals do not communicate in human sentences, but in what philosophy calls eidola: direct streams of images and intentions. An animal transmits a pure image. Impurity arises when a communicator builds a very human story around it in his head.

Communicating purely means daring to let the pure image stand for what it is. An invitation to inquiry. This is not an attack on other methods, but a loving invitation to everyone who works with nature and animals: dare to investigate the communication. Let us constantly hold up a mirror to ourselves. Are we truly hearing and feeling the animal at this moment, or are we hearing the echo of ourselves? Only by preserving that critical

purity do we give the animal world the voice and respect they truly deserve.

Feel free to read the text a few times and let it sink in.

Try to feel what feels right for you.

Always filter if something suits you.

If you have any questions, please check our site where you can send us questions.

If you want to delve into this, then join one of our training courses.

Vets, dog groomers, horse or dog coaches, homeopathic veterinarians, animal physiotherapists, horse dentists, and many animal lovers at home and abroad have followed training with us to feel and experience what we have put on paper for you in this book.

Take 'part 1 - translating for animals', many of the examples will be explained there., it is really a small investment that could be worth a lot to you.

Also coaching with horses here in Portugal. Being with and between the horses is a revelation for everyone who has already been able to experience this here.

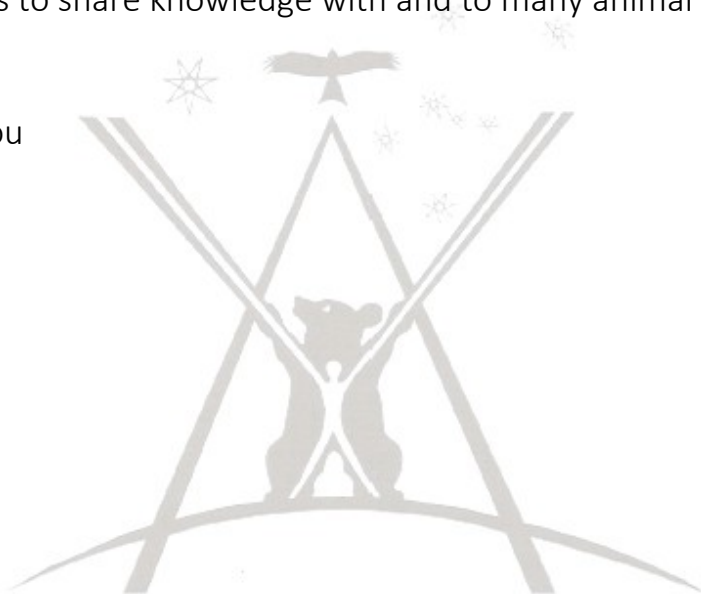
We work with relatively small groups, so that it is feasible for everyone who really wants to participate.

Monique has been known for many years for working with Reiki, energy work, communication with animals, coaching with horses, and training with horses in freedom.

Other people will also be helping with training in the future and will provide training themselves in their areas of expertise. Everything relating to nature and the animal world.

Monique regularly travels to the Netherlands and other countries to share knowledge with and to many animal lovers.

Thank you





HAPPINESS IS IN YOUR HANDS

WHO IS VIRES ANIMALIAE

Vires Animaliae, an organization for humans and animals, which in Latin means "Power of the Animal Kingdom."

Until July 1, 2025, it was a non-profit organization that gladly takes you into the world of animals in their authentic being. Now it is once again a private independent organization that is allowed to exist and still conveys the same message. We no longer take in horses and dogs; we still have 10 horses and 5 dogs, half of which are looking for a loving forever home.

We continue to provide people with insights through various training courses and/or coaching programs using these animals as examples. It is also possible to observe the herd here as a learning experience on how horses live in a herd with their children, big and small, regarding behaviour, body language, and mutual communication.

- These insights provide you with tools to work together with animals in harmony, but also to resolve any stagnation between you and your animal, either in your daily life or at a professional level.
- Our organization is therefore twofold. Caring for animals and making people aware of "the power of the animal kingdom".

If, after reading this E-book with its 9 examples—which are largely formed by the animals of Vires Animaliae—you think, "I am going to help the other animals a little to thank them in that way,"

then please check our site to see how you can make a small donation. Or use this link <https://paypal.me/moniqueros1>

www.vires-animaliae.com

If you would like to participate in one of our training courses, please check the Vires Animaliae Facebook page or Instagram, where the training courses are usually published.

<https://www.facebook.com/ViresAnimaliae/>

Instagram [@vires.animaliae](https://www.instagram.com/vires.animaliae)

If you would like to receive coaching from the herd of horses—a communication consultation with your animal—a communication consultation with your higher soul self—just send us an email at vires.animaliae.moros@gmail.com

Love from all the rescue animals and Monique Ros